## CALENDAR - DATES TO REMEMBER

<table>
<thead>
<tr>
<th>Date</th>
<th>Event</th>
</tr>
</thead>
<tbody>
<tr>
<td>30 July</td>
<td>Parents &amp; Friends Meeting 6:30pm</td>
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<tr>
<td>6 August</td>
<td>School Council 6:30pm</td>
</tr>
<tr>
<td>8 August</td>
<td>Eid al Fitr (end of Ramadan) - Islamic</td>
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<tr>
<td>12 August</td>
<td>Pupil Free Day</td>
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<tr>
<td>16 August</td>
<td>Literacy Incursion - Details to come</td>
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<tr>
<td>19 August</td>
<td>Children's Book Week (19-23 August)</td>
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<tr>
<td>22 August</td>
<td>5/6 Science Incursion</td>
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<tr>
<td>23 August</td>
<td>Book Parade</td>
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<tr>
<td>29 August</td>
<td>5/6 Science Incursion</td>
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<tr>
<td>30 August</td>
<td>Father's Day Breakfast</td>
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<tr>
<td>8 September</td>
<td>Working Bee</td>
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<tr>
<td>10 September</td>
<td>School Council 6:30pm</td>
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<tr>
<td>12 September</td>
<td>School Concert/Production</td>
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## EXCITING BABY NEWS FROM CGPS!!!

We would like to congratulate Trish and Scott Glover on their amazing news that they are expecting a baby in late December.

We wish them both all the very best.

![Image of Happy Parents and Baby]

## GRADE 1 / 2 CAMP TO WEEKAWAY

On Monday the 22nd of July, we went on camp to a place called Weekaway, near Lancefield.

At Weekaway, we did lots of activities including the flying fox, which is a huge swing that goes along a rope, and it's so fast, it's like an accelerator. Next was the hut building, we all had to use, sticks, bark, and rocks to make our awesome huts that looked like houses for bears. Next was the rope course, in the rope course we had to do SO MUCH CLIMBING! After that we did the picture trail, when we did it, we had to find these pictures and once we found the correct picture, you bring it back to the teacher to receive another picture and off you go again!

The last thing was the initiatives, where you have to work together as a team to complete certain tasks.

We slept in cabins with our friends for the night. For dinner, lunch and breakfast, we had: pancakes, cereal, lasagne and a sandwich. Overall camp was awesome, we can't wait for it all to happen again next year.

By Giulianna and Eva Luna
PARENTS AND FRIENDS
Our next Parents and Friends Meeting will be on Tuesday 30th of July at 6.30 pm in the new Performing Arts Building.

Tree Planting Day with the 3/4s

On the 27th of June, the 3/4s were able to go to Collingwood Children’s Farm to plant trees. First we were split into two groups. Group A went to plant some trees and group B got to go around and feed all the animals. We went to the pigs to feed them dried corn. We then fed the horses hay and goats grain. At the goats we found out what they were used for, cheese, milk, skin and soap. We also looked at the sheep. The sheep were in a big open paddock where we got to feed and pat them. The woman running the tour told us about how they hire people in the summer to shear them, so they don’t get hot. On the way back we saw ponies, a donkey called Minnie and cows. The woman also told us all about different types of cows such as dairy and beef cattle.

After lunch altogether under a big oak tree, group A had their tour of the farm and fed the animals while group B went down to the Yarra River to plant trees. It was very muddy and slippery and the woman said it was because there had been high floods, so when we walked around we had to be very careful where we stood. We got pick axes to dig holes with and little seedlings to plant. Once we were done we got two bamboo sticks to stick in the ground on either side. We got the pot that the plant was originally in then hooked it on one of the bamboo sticks to show that it hasn’t been watered yet. It was a lot of fun working in pairs. Some pairs managed to plant twenty trees! It was a great day and never to be forgotten!

By Lola and Nirtha!

EDUCATION MAINTAINENCE ALLOWANCE
EMA – 2nd Instalment for New Applicants Only
If you received the 1st instalment of the EMA you DO NOT need to apply for the 2nd instalment. You only need apply for the EMA once a year.
Eligibility criteria

To be eligible for the EMA 2nd instalment:
- Your child must be enrolled at a primary on the 15 July 2013 for the second instalment:
- Parent must hold a Veterans Affairs Gold Card, Health Care Card, Centrelink Card or be a temporary foster parent.

Applications for the 2nd instalment must submitted by Friday, 2nd August 2013. No late applications can be accepted.

Please note: you only need to make a second application in August if your child changes schools between March and August.
Carlton Gardens Primary School presents

The Golden Age of Rock & Roll

Thursday 12th September 7:00pm
Yarraville Club
135 Stephen St Yarraville

MORE INFORMATION COMING SOON
Before School / After School Care Program

Program Update
Hello and welcome to term 3! I would like to take this time to introduce myself to those I haven’t yet met. My name is Jena and I will be taking over for Joey as the coordinator of Before and after school care. I am most excited about this new opportunity and look forward to getting to meet all of you. This term I am hoping to get lots of feedback from the whole community on things they like and things that they would like to see change or improve. We are also always collecting boxes and other recycled materials for the program so please feel free to bring them by. I am hoping to do more activities and programing with recycled products and teaching the children the importance of reusing items to help the environment.

I look forward to seeing you all this term. Please feel free to stop me and say hello!

Next Week’s Activities

<table>
<thead>
<tr>
<th>Before Care Activities</th>
<th>Monday</th>
<th>Tuesday</th>
<th>Wednesday</th>
<th>Thursday</th>
<th>Friday</th>
</tr>
</thead>
<tbody>
<tr>
<td>Memory game: favourite movie</td>
<td>Apple and Sultana Muffins</td>
<td>Chinese whispers</td>
<td>Homemade Rice Bubble Bars</td>
<td>Paper Beads</td>
<td></td>
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<tr>
<td>Blindfold drawing using verbal directions</td>
<td>Tennis Ball Game</td>
<td>Scavenger Hunt</td>
<td>Building Minecraft Houses</td>
<td>Scarecrow tiggy</td>
<td></td>
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</tbody>
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Parent Information
OSH program phone: 0431608071
Coordinator: Jena
Assistants: Darren
OSH Club Head Office: 03 85649000
All families must be enrolled to attend the program, remember this is Free!! Please create an account online at www.oshclub.com.au all bookings and cancellations can also be managed via your online account. For on the day bookings please contact the Coordinator direct at the program.
Asthma tips for Parents and Carers this Winter

Winter can be a hard time for people with asthma as could weather, coughs, colds and the flu can bring on more symptoms and attacks.

- The common cold is caused by a virus and it is important to try not to cough and sneeze near other people, and to wash hands properly to prevent passing on the infection. The flu is different to the common cold and can be a much more serious viral infection.
- People with asthma are recommended to have an annual influenza vaccination (the flu shot). Preventing the flu protects people with asthma, as those with asthma are often unwell for longer and have a much harder time recovering from the flu.
- Make sure your child’s asthma is well-controlled; this will help them to bounce back quicker from a cough or cold and will help prevent asthma attacks when they are unwell.
- Some medications and herbal remedies that we use for colds and flu can make asthma worse. Speak to your doctor or pharmacist about any concerns you may have.
- Antibiotics are not normally prescribed for the common cold, or influenza, as these medications will not help a cold get better. Effective medications may include paracetamol and decongestants; however seek advice from your doctor or pharmacist before purchasing them for your child.
- Suggested remedies for the flu and the common cold are: rest, staying hydrated by drinking plenty of water, staying away from cigarette smoke, using steam inhalation, gargling with salty water for a sore throat and seeking medical advice if concerned at any time.

For more information on the common cold, medications and references used in this article please see the Better Health Channel (State Government of Victoria) - www.betterhealth.vic.gov.au and the NPS website - www.nps.org.au.

Contact The Asthma Foundation of Victoria on 1800 ASTHMA (1800 278 462) or www.asthma.org.au.
PLEASE COMPLETE IN BLOCK LETTERS. IF YOU CHILD HAS ENROLLED BEFORE, YOU ONLY NEED TO FILL OUT SECTION A, C + D. PLEASE CIRCLE HERE: ENROLLED BEFORE.

A. STUDENT DETAILS
Surname: ……………………………..First names: …………………………………………….Gender: ..........
Year Level in your school:..........................
Please choose your arrangement for the end of class:
☐ PARENT PICKS UP ONLY
☐ STUDENT LEAVES BY HIM/HERSELF

B. PARENT OR GUARDIAN
Surname: ………………..........First names: ………………………………………………………..
Address: ………………………………………………………………………Post code……………….
Home phone:.......................... Mobile:................................. Work phone:.................................
Email: …..............................Relationship to Student: …..............................
How did you first hear about Xin Jin Shan Chinese School?………………………......................................................
Please give details of any Chinese learning experience of your child..................................

IS THERE ANY MEDICAL CONDITION OR OTHER CIRCUMSTANCE OF WHICH YOU WOULD LIKE THE SCHOOL TO BE AWARE? YES / NO
If yes, please give details.
...............................................................................

C. Terms and Conditions and Authorizations (Please circle your choice.)

1. I authorize / do not authorize Xin Jin Shan Chinese Language and Culture School to use photographs / video taken during classes for promotional purposes only.

2. I agree / do not agree that my child watches Chinese movie DVDs (classified as G / PG) during the class.

3. I agree / do not agree that my child participate Chinese traditional cooking activity. The food cooked in class is for demonstration only. It will not be given to students to eat in the class. Students will bring food back home. It is your decision to eat it or not. There will not be any nuts in the ingredients.

4. NUT FREE POLICY – Students are asked not to bring any food containing nut products to classes. Parents are requested to inform Xin Jin Shan Chinese Language and Culture School in writing of any allergies their child may have. Details of any food allergies:
...............................................................................

5. Please have an apron or protective clothes ready in your child’s bag for arts / crafts activities.

DECLARATION BY PARENT/ LEGAL GUARDIAN.
...............................................................................
being the Parent/Legal Guardian of………………………. (full name) declare that the information in this application is correct and I will follow the terms and conditions and authorizations above. Enrollments will be processed on a first come, first served basis. The tuition fee of $60/Term is due no later than the second week after receiving the enrolment form.
Signed……………………….Date…………………………

Please turn the page for Payment Method.
D. Payment Method: (Please tick your choice below)

1. PAYMENT BY CHEQUE (payable to Xin Jin Shan Chinese Language and Culture School Inc.)

□ I enclose one cheque of $________ with my name and contact number clearly written on the back.

Please send the cheque with completed application form to:

**After School Chinese Program**
**PO Box 5042, Pinewood VIC 3149**

2. BANK TRANSFER to below:

NAB: BSB 083 323
Account number:571355833,
Account name : Xin Jin Shan Chinese Language And Culture School Inc.

Please put the following detail in “Transfer Description”:
**CGPS** (as Carlton Gardens Primary School) follows the first 3 letters of your child’s given name and the first 3 letters of your child’s surname. (Full name if fewer than 3 letters).
For example: **James Fisher from Carlton Gardens Primary School**. You need to write: **CGPSJAMFIS**
If you have more than 1 child enrolled, please make a bank transfer for each child. For instance, if you have 2 children enrolled, you need to pay twice.

Please email your completed form to jeanine.ma@xjs.vic.edu.au, or send the completed form to:

**After School Chinese Program**
**PO Box 5042, Pinewood VIC 3149**

**Refund Policy**

• You can get refund within 3 weeks after Program starts. After 3 weeks, there will be no refunds.
• You need to pay $20 for administration fee for any refund.
• You will receive a cheque for refund. Please provide address where you would like the cheque to be sent and the cheque payable detail.
• The refund will be calculated according to the weeks you child has attended. For example, Michael was withdrawn after attending program for 3 weeks. There are 10 weeks in the term, $60/term. Then he will get $60/10*7-$20=$22 refund.

Note: Please **don’t** give the payment and completed application form to your child’s teacher.