CALENDAR – DATES TO REMEMBER

<table>
<thead>
<tr>
<th>Date</th>
<th>June</th>
<th>Event</th>
</tr>
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<tbody>
<tr>
<td>3</td>
<td></td>
<td>Mabo Day - Indigenous Australians</td>
</tr>
<tr>
<td>4</td>
<td></td>
<td>Grade 5/6 Camp (4 - 7 June)</td>
</tr>
<tr>
<td>10</td>
<td></td>
<td>QUEENS B’DAY PUBLIC HOLIDAY</td>
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<tr>
<td>13</td>
<td></td>
<td>Cybersmart Outreach Parent Session – 6:15pm in the New Building</td>
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<tr>
<td>19</td>
<td></td>
<td>School Council 6:30pm</td>
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<tr>
<td>21</td>
<td></td>
<td>Parents &amp; Friends Trivia Night</td>
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<tr>
<td>24</td>
<td></td>
<td>Reports and Portfolios sent home</td>
</tr>
<tr>
<td>26</td>
<td></td>
<td>Parent/Teacher Interviews - students finish school at 1pm</td>
</tr>
<tr>
<td>27</td>
<td></td>
<td>Last day of term 2</td>
</tr>
<tr>
<td>28</td>
<td></td>
<td>Pupil Free Day</td>
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</table>

NEW SCHOOL SIGN

Our new school sign looks fantastic hanging above our outside gate. Thank you to the 'Buildings and Grounds sub-committee' for organising this and to Andrew for the professional design.

NEW SCHOOL RESOURCES

The $10,000 raised from the 2013 Harmony Fete has allowed us to purchase 16 new iPads and two docking stations. The purchase of these resources means we now have a bank of iPads that can be used by our P-2 students and our 3-6 students. We know that partnered with great teaching these devices can add to student engagement and an increase in student learning. The students and teachers would like to say a big thank you to everyone that contributed to the fete, without your efforts this purchase would not have been possible.

LUNCH ORDERS – COMMENCING EVERY FRIDAY FROM THE 14TH OF JUNE (Menu Attached)

A big hello to all CGPS students, staff and parents!

My name is Regina Kantar from FooGo’s Catering we’re located in Elgin St Carlton. We have been cooking really yummy and healthy lunches for the University of Melbourne for 10 years and thought it would be a great idea to offer our new range of school lunches to you!

Like the idea of a lunch order every Friday? If you do, write your child’s name, class and order on a brown paper bag with the correct money (if possible) and bring to school by Thursday morning 13th June 2013. All future orders will need to be placed on Thursday mornings.

Hot food will come in sealed aluminium containers with wooden forks. The full list of available foods will be sent home next week and they are also attached to the end of this newsletter.

We look forward to feeding your children and are happy to answer any enquiry you may have by emailing us at sales@foogoscatering.com.au

Regina Kantar

LOST PROPERTY

We have a large number of clothes and lunch boxes in our lost property area. Please ensure all your child’s belongings are labelled so that we are able to return them. Any items not named will only stay in lost property for a couple of weeks.

Student Supervision Before and After School

In the interests of keeping all students safe, students are not to be at school without parent/guardian supervision, before 8.45am and after 3.45pm. If you are running late, please contact the school as soon as possible.
CARLTON GARDEN’S TRIVIA NIGHT - 21ST JUNE, 7pm
Tickets will be $25 each or $180 for a table of 8. Each ticket includes dinner and one drink. Other drinks can be purchased at bar prices. Tickets can be purchased now from the office. We are also looking for donations that can be used as prizes on the night, if you can help with this please speak to someone in the office.

If you have filled out the consent form for the Victorian Premiers Reading Challenge you will receive your child’s username and password in the next week. If you would still like to register your child for the challenge forms can be picked up from the office.

CGPS’s UNIFORM
We have second hand uniforms available to purchase from the school’s uniform shop for $3 an item, although we are a little light on at the moment. Please remember if you have any items that no longer fit your child please donate them to the school so they can be re-used. Thanks!

CURRICULUM DAY - PUPIL FREE DAY
On the 28th of June, the last day of Term 2, teachers will be attending a professional learning day with Michael Ymer – a world renowned Mathematics consultant. School will not be open on this day although OSHClub will be and if your child is not yet registered you can do this online at www.oshclub.com.au. This means that the last day of school for Term 2 for the students is Thursday the 27th of June. School will finish at the normal time of 3:30pm.

cyber(smart:)
Information regarding The Cybersmart Outreach—Internet Safety Awareness presentation which will be held on the 13th of June at 6:15pm, has been sent home with all students. If you have missed this communication please see someone in the office. If you require any other information please visit the following website: http://www.cybersmart.gov.au/Parents.aspx

SOCCEROOS VISIT - FRIDAY 7TH OF JUNE
Next Friday we will have a whole school assembly at 11am to accommodate a visit from members of the Socceroos’ team. They will be talking to all the kids, showing demonstrations and signing merchandise. We understand it may be tricky for you to come along at this time but if you are free we would love to see you there.

EDUCATION WEEK
Last Wednesday morning the teachers opened up their classrooms to all of our parents, guardians and grandparents for education week. It was a big success, and here at Carlton gardens Primary School we really value family involvement. Thank you for making it such a wonderful day.

NATIONAL RECONCILIATION WEEK (27 May-3 June)
National Reconciliation Week celebrates the relationship between Aboriginal and Torres Strait Islanders and all other Australians. Every year, the week is held between the same dates, 27 May to 3 June. These dates draw attention to significant historical events. The 27th of May marks the day in 1967 when the referendum was passed for the Australian Government to make laws for Aboriginal and Torres Strait Islanders and to allow them to be recognised in the census. The 3rd of June marks the day in 1992 that led the Australian Government to recognise native title and acknowledge Indigenous Australians as the original occupants of Australia. To celebrate National Reconciliation Week Grades 3 to 6 had a presentation from Kutcha Edwards, a Mutti Mutti man, and a child of the Stolen Generation. The teachers of grades 3 to 6 would like to thank the Parents and Friends Association for paying for this very worthwhile incursion.

STUDENT REFLECTIONS FROM KUTCHA’S VISIT
Kutcha Edwards told us about different types of things like the stolen generation and the dream time. He made everyone laugh. It made me feel happy to know his story. I think he was trying to tell us not to be racist in a roundabout way.
By Jordan Wright

We visited Kutcha Edwards, he is Aboriginal. He told us about his life as an aboriginal and the equal rights we should have. Kutcha Edwards also told us about two family members and how he got separated from his parents for 11 years. It was a very touching story. He also sang a song ‘It’s more than just football’, which related to his life. We also learned about different tribes. We were very engaged with the stories of Kutcha Edwards, his family, and other aboriginals. We all learnt a lot with this visit, and that we should not judge people because they are different.
By Anushka Mulik

I really appreciated the way that Kutcha Edwards acted about his past. It was good that he was funny and joked around. I learnt that he played for St. Kilda, and I learnt more about the Dreamtime football match racism. I also learnt about the five tribes of Melbourne. I think that it was sad that the Stolen Generation happened. Imagine growing up not knowing your family. It was nice that although som many bad things had happened he didn’t hold grudges or get mad. The main message was that we were all Australian, no matter where we come from.
By Sienna Williams
TIQBIZ

Our school has gone digital. The tiqbiz app helps our school keep parents fully informed and up-to-date with notices, news and calendar events. It also allows us to send out instant messages. It’s easy to use and also has the benefit of helping us use less paper by reducing printing. The app is free and available on the Apple App store, Google play for Android and you can download it for a PC or a Mac from www.tiqbiz.com.

After School Chinese

Dates for the rest of Term 2: Wednesdays 29/05, 05/06, 12/06, 19/06.

请注意：星期三课后中文班的日
No class on the 26th of June due to Parent/Teacher Interviews.

星期三，六月二十六日没课。老师/家长问话。

Term 3 After School Chinese will start in Week 2, Wednesday the 24th of July.

第三学期课后中文将在第二周的星期三，七月二十四日开始

Support your local school

Remember to keep collecting the ‘Earn and Learn’ stickers from Woolworths, and placing them on the A4 sticker cards available in store or from the office. There is an ‘Earn and Learn’ box in the schools foyer where you can place your completed A4 sticker card. We really appreciate your support with this promotion.

Fundraiser

Help raise funds to build a maternal and child health care clinic in Nakhon, Laos, this will support local village women by providing accommodation and adequate health care while they are giving birth, as well as supporting their infants as they grow!

Please Call Liz 0407764381 to Pre-Order

SELECT ENTRY ACCELERATED LEARNING: SEAL

A unique program for young people with high academic ability

Commencing with the 2014 Year 7 intake, Mount Alexander College’s DEECD accredited SEAL Program will move progressively through all year levels with the initial cohort.

Following late approval from DEECD and the limited amount of time before our first testing date (11 May), Mount Alexander College has re-opened testing for eligible Grade 6 students.

If you have previously completed a SEAL entrance examination conducted by Edutest, you may sit the test again. This is a great opportunity if you have just heard about our SEAL program or you did not get into another school’s SEAL program.

Application for second round testing for entry to the Mount Alexander College’s SEAL Program for Year 7 in 2014 is now open.

Registration closing date: Friday, 12 July 2013
Examination date: Thursday, 18 July 2013

Register now: www.mountalexandercollege.vic.edu.au (and follow the links); or www.edutest.com.au/edutest/SealEntry.aspx?id=645

Alan Davis – Principal
Mount Alexander College
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Flemington VIC 3031
Tel 9376 1612
Fax 9376 5332
mountalexander712@edutest.vic.gov.au
www.mountalexandercollege.vic.edu.au
The Adventist Development & Relief Agency (ADRA) is a global humanitarian aid organization of the Seventh-day Adventist Church that demonstrates God’s love and compassion. ADRA International was initially established in November 1956, and now has a network of offices in 125 countries.

ADRA Lao PDR is an independent office in the ADRA network, and currently employs over 50 people working in the country office located in the capital city, Vientiane, as well as on various project sites in the provinces of Laos. ADRA initially began working in Laos from Bangkok, where the ADRA Asia Regional Office is now located. An agreement of cooperation was signed with the Government of the Lao PRD on the 21st of July, 1992, and the ADRA Lao PDR Office was opened in Vientiane in April 1994.

Since then, ADRA Lao PDR has successfully implemented more than 60 rural and urban development and relief projects valued at in excess of US$6.5million, with plans to continue partnering with communities, organisations and governments for future projects.

ADRA serves all those in need without regard to ethnicity, gender, age, or political or religious affiliation.

The Adventist Development and Relief Agency (ADRA) Australia is a Christian, humanitarian agency that creates opportunities, empowers people and shares hope via sustainable community development and disaster relief programs.

In October 2013, a team of 8 young people (Hannah, Lorraine, Shane, Elizabeth, Sam, Mary, Cathy & Calvin), who are passionate about service and making a difference. We will be constructing a maternal and child health centre that will provide overnight accommodation for women from surrounding villages while they give birth. This facility will encourage village women to make the long journey from their villages to the district centre for check-ups and for delivery.

Nakhone is the main business hub of Mok Mai. Villagers travel to Nakhone from their households in the mountains to buy or sell goods, attend high school or access health care. Villagers are often hesitant to travel to Nakhone as the journey is tiresome and expensive. Many women choose to give birth in their villages as opposed to travelling to the district hospital in Nakhone.

The small and basic district hospital have been wanting to set up a Maternal and Child Health facility in Nakhone in partnership with ADRA. Currently, there is nothing like this in the district.

Your generous donations will contribute to the construction of a maternal and child health care clinic in Nakhone. This will support local village women by providing accommodation and adequate health care while they are giving birth, as well as supporting their infants as they grow.

We would LOVE your support!

Donations can be made online here:

(Donations over $2.00 AUD are tax deductible)

You can be part of this journey by following us on https://www.facebook.com/AdraConnectionsLaos

If you have any questions about the project, you can contact the following people:

ADRA Laos Rosemary Andrykanus email: rose@adralaos.org or rose.adralaos@gmail.com
Team Leader Hannah Andrykanus email: hannah.andrykanus@gmail.com phone: 0468 583 403

Kind regards,

Elizabeth Ceballos

ADRA Connections Team Member
Dear parents,

This term has been a fun and busy one at OSHClub. We have enjoyed child-suggested activity themes such as Penguin, Sewing, Angry Bird week and many others. We are currently having a Puppet Making week with Knights, Dragons and Castles followed by Construction Week next week.

If any parents have spare small cardboard boxes (empty tea boxes/muesli bar boxes etc.) we would love to use them to construct things at OSHClub.

Our program has grown so much in numbers that we are located in the P.A.C.(above staff carpark) every After School session. Please enter through the side gate after 4:30pm.

As our program grows, so do our numbers of excellent staff and we are pleased to welcome new assistants Sylvia and Jordan to Carlton Gardens OSHClub.

The weather is now often chilly, we ask that parents make sure their children have a jumper or a jacket with them term 2 and 3.

Thanks, and we’ll make sure your child has a great time at OSHClub =)

Next Week’s Activities: Knights, Dragons and Castles

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<tr>
<th>Monday</th>
<th>Tuesday</th>
<th>Wednesday</th>
<th>Thursday</th>
<th>Friday</th>
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<tbody>
<tr>
<td><strong>Before Care Activities</strong></td>
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<td></td>
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<tr>
<td>Uno card tournament</td>
<td>Stencil pictures</td>
<td>Marble-runner game</td>
<td>Jenga anyone?</td>
<td>Lego house building</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Monday</th>
<th>Tuesday</th>
<th>Wednesday</th>
<th>Thursday</th>
<th>Friday</th>
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</thead>
<tbody>
<tr>
<td><strong>After Care Activities</strong></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Box castle creations</td>
<td>Mini dragon sewing</td>
<td>Crowns, swords and shields</td>
<td>Dragon masks</td>
<td>Block castle competition</td>
</tr>
</tbody>
</table>

Parent Information

OSHClub News
Before School / After School Care Program

OSHprogram phone: 0431 608 071
Coordinator: Joey
Assistants: Darran, Silvia & Jordan
OSHClub Head Office: 03 85649000

All families must be enrolled to attend the program, remember this is Free!! Please create an account online at www.oshclub.com.au all bookings and cancellations can also be managed via your online account. For on the day bookings please contact the Coordinator direct at the program.
Murdoch Childrens Research Institute at the Royal Children’s Hospital is running a randomised clinical trial of an online weight management program designed for overweight adolescents aged 12 to 17.

Staying Fit is an internet-based program designed to encourage overweight adolescents to make healthy food choices and increase physical activity. The Staying Fit program has been used successfully in the United States and we have modified it to make it suitable for young people in Australia. Participants are randomised to the Staying Fit program or the Usual Care program. For those in the Staying Fit group, personalised support for each individual is delivered after considering each adolescent’s BMI, along with weight and shape concerns. This support includes weekly personalised contact, the use of a pedometer and access to a walking program. Staying Fit contains interactive quizzes, logs and a discussion board. The program takes approximately 1 hour per week for around 12 weeks. Those randomised to the Usual Care program will receive physical activity and nutrition information currently available to Adolescents.

The participants are asked to complete online questionnaires and have their height, weight, blood pressure and waist circumference measured by a researcher at baseline, 3, 6 and 12 months follow-ups. Measurements are taken in the participant’s home or at the Royal Children’s Hospital. Parents are also invited to complete questionnaires and are sent regular newsletters on how they can support their teenager. The results will demonstrate the feasibility and effectiveness of using the personalised, targeted Staying Fit program for addressing weight-related behaviours during adolescence. Recruitment has commenced and we are looking for overweight young people aged between 12 and 17.

If you would like to know more, contact the Staying Fit Project Coordinator, Karly Cini on (03) 9345 6954 or email: stayingfit@mcri.edu.au

The ethical aspects of this research project have been approved by the Human Research Ethics Committee of The Royal Children’s Hospital, Parkville. This project will be carried out according to the National Statement on Ethical Conduct in Human Research (2007) produced by the National Health and Medical Research Council of Australia.

Karly Cini
Staying Fit Project Coordinator

Murdoch Childrens Research Institute
The Royal Children’s Hospital
Flemington Road Parkville Victoria 3052 Australia
T 03 9345 6954
E stayingfit@mcri.edu.au W www.mcri.edu.au
School Lunch Menu for Carlton Gardens Primary School
every Friday, commencing 14th June 2013

<table>
<thead>
<tr>
<th>hot food</th>
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<tbody>
<tr>
<td>(all meat/chicken halal and all hot food homemade)</td>
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<tr>
<td>beef pasta bake (greek lasagna) (contains egg, diary)</td>
<td>5.50</td>
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<tr>
<td>tuna &amp; corn pasta bake (contains egg, diary)</td>
<td>5.50</td>
</tr>
<tr>
<td>feta and spinach filo pastry pie</td>
<td>5.50</td>
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<tr>
<td>sausage roll sauce 20c extra (contains egg)</td>
<td>3.80</td>
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</tbody>
</table>

| mini pita wraps (1/2 a regular sized pita wrap) |  |
| (all come with whole egg mayonnaise) |     |
| poached chicken breast, cheese, lettuce, tomato | 3.90 |
| ham *(pork product)*, cheese, tomato | 3.90 |
| tuna, carrot, lettuce, tomato | 4.50 |

| sandwiches (light wholemeal) |     |
| (all come with margarine) |     |
| vegemite | 3.00 |
| cheese | 3.00 |
| poached chicken breast, cheese, lettuce | 4.50 |
| ham *(pork product)*, cheese, tomato | 4.00 |
| tuna, lettuce, tomato | 4.00 |
| sushi rolls – tuna, chicken or vegetarian | 2.90 |

| treats |     |
| homemade muffin - *(contains egg, dairy)* raspberry, blueberry or choc chip | 2.50 |
| homemade muesli slice *(nut free)* | 1.50 |
| sweet slices - caramel, sticky passionfruit, lemon, choc-coconut cherry or choc-nut brownie | 1.50 |

| healthy snacks |     |
| whole apple or pear | 1.00 |
| whole orange or mandarin | 1.00 |
| goulburn valley diced fruit | 2.20 |
| carrot sticks & humus dip | 3.50 |
| rice crackers & humus dip | 3.50 |